

INCH

## CONVERSIONS

## U.S. to METRIC

inches x 2.54 = centimeters  
 feet x 0.3048 = meters  
 yards x 0.914 = meters  
 miles x 1.609 = kilometers  
 mpg x 0.425 = km/ltr  
 mph x 1.609 = km/hr  
 °F to °C (F - 32) x .555

## METRIC to U.S.

centimeters x 0.394 = inches  
 meters x 3.28 = feet  
 meters x 1.094 = yards  
 kilometers x 0.621 = miles  
 km/ltr x 2.352 = mpg  
 km/hr x 0.621 = mph  
 °C to °F (C x 1.8) + 32

## ENGLISH LINEAR MEASUREMENTS

12 inches = 1 foot  
 36 inches = 1 yard  
 3 feet = 1 yard  
 1,760 yards = 1 mile statute  
 2,025.37 yards = 1 mile nautical  
 5,280 feet = 1 mile statute  
 6,076.12 feet = 1 mile nautical  
 63,360 inches = 1 mile statute  
 72,913.4 inches = 1 mile nautical

## VOLUME EQUIVALENTS

## LIQUID MEASURES

1 gal = 4 qt = 8 pt = 16 cups = 128 fl oz  
 ½ gal = 2 qt = 4 pt = 8 cups = 64 fl oz  
 ¼ gal = 1 qt = 2 pt = 4 cups = 32 fl oz  
 ½ qt = 1 pt = 2 cups = 16 fl oz  
 ¼ qt = ½ pt = 1 cup = 8 fl oz

## DRY MEASURES

1 cup = 16 Tbsp = 48 tsp = 250ml  
 ¾ cup = 12 Tbsp = 36 tsp = 175ml  
 ⅔ cup = 10 ⅓ Tbsp = 32 tsp = 150ml  
 ½ cup = 8 Tbsp = 24 tsp = 125ml  
 ⅓ cup = 5 ⅓ Tbsp = 16 tsp = 75ml  
 ¼ cup = 4 Tbsp = 12 tsp = 50ml  
 ⅛ cup = 2 Tbsp = 6 tsp = 30ml  
 1 Tbsp = 3 tsp = 15ml

## U.S.

¼ tsp  
 ½ tsp  
 1 tsp  
 1 Tbl  
 ¼ cup  
 ⅓ cup  
 ½ cup  
 ⅔ cup  
 ¾ cup  
 1 cup  
 1 quart

## METRIC

1.25 ml  
 2.5 ml  
 5 ml  
 15 ml  
 50 ml  
 75 ml  
 125 ml  
 150 ml  
 175 ml  
 250 ml  
 1 liter

## QUICK GUIDE

1 fl oz = 30 ml  
 1 oz = 28.35 g  
 1 lb = 16 oz (454 g)  
 1 kg = 2.2 lb  
 1 quart = 2 pints



Name: \_\_\_\_\_

Address: \_\_\_\_\_

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Phone: \_\_\_\_\_

Email: \_\_\_\_\_

## Critical Information

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**RiteintheRain.com**

# December 2023/January 2024

25 Mon

26 Tues

27 Wed

28 Thur

29 Fri

30 Sat

1 Sun JANUARY 2024

JAN



*Rite in the Rain*

DEC

